



Sarah Welford



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EMAIL: sarahelizabethwelford@gmail.com

HEIGHT: 5'2"

EYES: hazel

VOICE: Mezzo

HAIR: brown, wavy

THEATRE PERFORMANCE: Selected Productions

<i>Indecent</i>	<i>The Elder, Vera</i>	Northwestern University Wirtz Production (d. Kelsey Ervi)
<i>The Snowy Day</i>	Willie/Child #3	Imagine U at Northwestern University (d. Detra Payne)
<i>Assassins</i>	Sam Byck	Northwestern University Studio Production (d. Chase Thede)
<i>Unstable Connection</i>	Nikky	Cape Cod Theatre Project (d. Pascale Florestal)
<i>9 to 5: The Musical</i>	Ensemble	Arts Alliance at Northwestern University (d. Gaby Godinez)
<i>Big Love</i>	Thyona	Ryken Center for the Performing Arts (d. Brit Christopher)
<i>Romeo and Juliet</i>	Nurse	Armento Theatre (d. Kyla Moulton)

NEW WORK AND READINGS: Selected Productions

<i>The Summoning</i> - Devony Hof	Maksara (Lead)	Lovers and Madmen (d. Samantha Miheve)
<i>Holy Virgins</i> - Kathryn De La Rosa	Jesse (Lead)	WAVE Productions (d. Alyssa Coughlin)
<i>Scaredy Kat Presents</i> - Janine Knighton	Daphne	Purple Crayon Players (d. Melissa Lewyn)
<i>I, My Ruination</i> - Kevin Artigue (With Paul Giamatti & Pedro Pascal)	Stage Directions	Cape Cod Theatre Project (d. Hal Brooks)

EDUCATION & TRAINING

Northwestern University, Theatre Major, BA anticipated 2023: Cindy Gold, Henry Godinez, Linda Gates, Tommy Rapley

Cape Cod Theatre Project Summer Intensive, 2020, Masterclasses: Hal Brooks, Andrew Polk, Nilaja Sun, Juliana Canfield, Mark Armstrong

The Second City, Improv levels 1-3, Matthew Pollack, Nick Johne, Mo Phillips

The Actors Gymnasium, Unarmed Combat

Bristol Academy of the Performing Arts, historical reenactment and dialogue training for comedy performance at America's premiere renaissance faire

Dance Training Northwestern University Dance Department: Jeffrey Hancock, Joe Bowie, Roger Ellis, Erin Barnett (Ballet, Jazz, Modern, Tap, Musical Theatre)

Private Vocal Coaching, Sara Rhuda, Kevin Keys, Elio Bucky

Special Skills

comedy writing and performance, improv and devising, directing, choreography, Dialects (RP, Irish, Boston), conversational French, visual arts, photoshop, experience in a capella and choral ensembles